

Conference
„Give up addictions, back to life”

Date: 29th September 2017 (Friday)

Hours: 10.00-14.30

Place: Assembly hall SSW Collegium Balticum, Mieszka I 61 C Szczecin.

Topic: Modern and effective methods of working with young people at risk of addiction-
Summary of the MESSAGE project

10:00-10:15

Welcome speech

Aleksandra Żukowska- Rector of SSW Collegium Balticum

10:15-10:45

Description of project MESSAGE (partners, aims, outputs, actions)

Iwona Knitter- Psychologist and main researcher in project MESSAGE

10:45-11:30

Risk of addiction among young people - part 1- 21st century addictions - social media, internet, computer games

Andrzej Szrajber- Police officer

11:30-12:00

Coffe break

12:00-13:15

Risk of addiction among young people - part 2 Traditional addictions – alcohol, cigarettes, drugs

Agnieszka Zalewska- President of the Polish Foundation for the Prevention of Addictions

13:15-14:00

Risk of addiction among young people - part 3 Unhealth food and eating disorders

Joanna Stasik and Anna Wolska- Dietician specialists

14:00-14:30

Questions and discussion

14:30

Conclusion of the conference